

Social Emotional Health Survey Secondary Score Summary Graph

Student:

Date:

	S-E	S-A	Per	BIS	PS	SS	FS	BIO	E	ER	S-C	EC	O	G	Z	EL	CoVi	
5.0																		5.0
4.9																		4.9
4.8																		4.8
4.7																		4.7
4.6																		4.6
4.5																		4.5
4.4																		4.4
4.3																		4.3
4.2																		4.2
4.1																		4.1
4.0																		4.0
3.9																		3.9
3.8																		3.8
3.7																		3.7
3.6																		3.6
3.5																		3.5
3.4																		3.4
3.3																		3.3
3.2																		3.2
3.1																		3.1
3.0				A				B				C				D		3.0
2.9																		2.9
2.8																		2.8
2.7																		2.7
2.6																		2.6
2.5																		2.5
2.4																		2.4
2.3																		2.3
2.2																		2.2
2.1																		2.1
2.0																		2.0
1.9																		1.9
1.8																		1.8
1.7																		1.7
1.6																		1.6
1.5																		1.5
1.4																		1.4
1.3																		1.3
1.2																		1.2
1.1																		1.1
1.0																		1.0
Item Mean Response	Self-Efficacy	Self-Awareness	Persistence	BELIEF IN SELF	Peer Support	School Support	Family Support	BELIEF IN OTHERS	Empathy	Emotional Regulation	Self-Control	EMOTIONAL COMPETENCE	Gratitude	Zest	Optimism	ENGAGED LIVING	COVITALITY	

Responses: 1 = Not at all true, 2 = A little true, 3 = Pretty much true, 4 = Very much true.

Responses for Gratitude and Optimism, the response options were: 1 = Not at all, 2 = Very little, 3 = Somewhat, 4 = Quite a lot, 5 = Extremely

Count of SEHS-S Domain Strengths: A + B + C + D ≥ 3.0 = _____

Social Emotional Health Survey Secondary Score Summary Graph

Student:

Date:

	1	2	3	4	5	6	7	8	9	10	
5.0 Very true of me											5.0 Very much true of me
4.0 True of me											4.0 True of me
3.0 Pretty much true of me											3.0 Pretty much true of me
2.0 A little true of me											2.0 A little true of me
1.0 Not true of me											1.0 Not true of me
Item Response	1. Hard time breathing	2. Embarrass self in class	3. Tense, uptight	4. Hard time relaxing	5. Sad and Down	6. Easily irritated	7. Hard to get excited	8. Annoyed and sensitive	9. Scared, no good reason	10. Hard cope, panic	

In the past month...

1. I had a hard time breathing because I was anxious.	6. I was easily irritated.	Count number of 4 and 5 responses = _____
2. I worried that I would embarrass myself in front of others.	7. It was hard for me to get excited about anything.	0-1 =
3. I was tense and uptight.	8. I was easily annoyed and sensitive.	2-3 =
4. I had a hard time relaxing.	9. I was scared for no good reason.	4-10 =
5. I felt sad and down.	10. It was hard for me to cope and I thought I would panic.	