

Key Resources to Explore Positive Psychology Assessments for Use in School Contexts

Center for Social Emotional Learning (CASEL) Assessment Guide

CASEL established an assessment workgroup to identify validated measures of social emotional learning (SEL) skills and orientations to include in a SEL assessment guide. This guide includes a catalog of measures and resources for researchers and practitioners to select and use appropriate measures.

Website: <https://measuringcel.casel.org/access-assessment-guide/>

Children's Worlds: International Study of Children's Well-Being

UNICEF hosted a meeting in 2009 involving researchers from the International Society for Child Indicators (ISCI) to develop a child well-being measure that supported international research. Subsequently, a measure was developed and has been employed in several studies. The latest study includes students (ages 8, 10, and 12) from 40 countries. The measures used in this study are available online.

Website: <http://www.isciweb.org/>

Office of Economic Development Study on Social Emotional Skills

This is an ambitious multi-year project (2016-2020) that set out to carefully define a set of social emotional learning constructs and to craft a measure that can be used internationally. The main study will gather information on students' social and emotional skills; family, school, and community learning contexts; and background characteristics of students, teachers, and parents. The student SEL measurement is grounded in the Big 5 personality model and assesses the following constructs: *Task Performance* (achievement motivation, responsibility, persistence, self-control); *Emotional Regulation* (stress resistance, optimism, emotional control); *Collaboration* (empathy, trust, co-operation); *Open-Mindedness* (tolerance, curiosity, creativity); *Engaging with Others* (sociability, assertiveness, energy); and *Compound Skills* (critical thinking, metacognition, self-efficacy).

Website: <http://www.oecd.org/education/ceri/thestudyonsocialandemotionalskills.htm>

Project overview document: Office of Economic Development. (n.d.). Social and emotional skills: Well-being, connectedness and success. Paris, France: Author. Available from, [https://www.oecd.org/education/school/UPDATED%20Social%20and%20Emotional%20Skills%20-%20Well-being,%20connectedness%20and%20success.pdf%20\(website\).pdf](https://www.oecd.org/education/school/UPDATED%20Social%20and%20Emotional%20Skills%20-%20Well-being,%20connectedness%20and%20success.pdf%20(website).pdf)

Project Covitality

This multiyear (2016–2020) project was funded by the U.S. Office of Education, Institute of Education Sciences. It focused on the further validation of the Social Emotional Health Survey–Secondary. A cross-sectional sample of more than 25,000 students and a three-year longitudinal sample of more than 1,000 high school students were used in validation studies. These measures support the use of universal school complete social emotional wellness screening and monitoring.

Website: <http://www.project-covitality.info>

RAND Education Assessment Finder: Measuring Social, Emotional, and Academic Competencies

The RAND research group has created an online searchable resource that education agencies can use to identify measures of social and emotional constructs, including a range of positive psychological constructs. This resource includes a user guide on how to access and search the measure repository and a practitioner guide that education agencies can use to consider which measures best match interests and needs.

Website: <https://www.rand.org/education-and-labor/projects/assessments.html>

User Guide: Hamilton, L. S., Stecher, B. M., Schweig, J., & Baker, G. (2018). *RAND education assessment finder: User instructions*. Available from,

https://www.rand.org/content/dam/rand/pubs/tools/TL300/TL308/RAND_TL308z1.pdf

Practitioner Guide: Taylor, J. J., Buckley, K., Hamilton, L. S., Stecher, B. M., Read, L., & Schweig, J. (2018).

Choosing and using SEL competency assessments: What schools and districts need to know. Available from,

http://measuringcel.casel.org/pdf/Choosing-and-Using-SEL-Competency-Assessments_What-Schools-and-Districts-Need-to-Know.pdf 8