



Student Safety & INTRA-personal Strengths

from ... CALIFORNIA STUDENT WELLNESS STUDY ... (Grades 9-12)

Students who feel safe at school are substantially more likely to report positive INTRA-personal strengths than students who feel unsafe at school.

No. 7 or 9 in student safety and mental health series



How safe do you feel when you are at school?

Unsafe

Safe



I expect more good things to happen to me than bad things.

31%



61%

I understand my moods and feelings.

49%



72%

I can do most things if I try.

62%



83%

When I make a mistake, I admit it.

59%



74%

Percent responding *pretty much true* or *very true*

[Data Table](#)

[Study Information](#)